CONTINUING MEDICAL EDUCATION TOPICS FROM 2009 TO 2023

DATE	TOPIC
January 2009	Medico-legal implications of Medical Records
May 2009	Epidemic Prone Diseases causing Epidemic in Nigeria
July 2009	Prostate Cancer & the Nigerian Male
September 2009	Efficiency Challenges in Nursing Profession
October 2009	Quality Assurance in Pharmaceutical Control
August 2010	International Health Regulations 2005/Yellow Fever
June 2011	Teamwork as a Primary Driver of Health care Delivery
April 2012	Cardiology practice in Lagos State: Pearls and Pitfalls
September 2012	Efficiency challenges in Nursing, professional self-image & attitude
October/November 2012	• Mental Health Issues and the Lagos State Mental Health Initiatives. • Human resource for Health and human Resource Management. • Maternal Mortality- Lagos state Public Health perspective.
June 2013	Management of Malaria – current update
October 2013	Galvanizing Leadership prowess in Nursing practice
October/November 2014	• Differential Diagnosis of Red Eye. • Ebola Update • Stress Management • Lagos State Performance Management Update.
October/November 2015	• Emergency Preparedness. • Occupational hazard & prevention in the health sector • ENT Emergencies and Management • Dental Caries • Psychiatric emergencies. • Chronic Kidney Diseases for Physicians • Cancer Awareness and its prevention.
February 2016	Improving the workplace productivity for directors
September 2016	Modern Surgeries- in collaboration with the Narayana Hospital, India
October 2016	Optimum Data Management for Effective Healthcare Delivery in Lagos State
November 2016	Stress Management Current trends in family Planning

1st, 7th, 15th 22nd and 28th November 2017	5-unit CME sessions were conducted on the following topics: • Malaria prevention & management, • Healthy Eating Habits, Lagos State Health Scheme, • Integrated Disease Surveillance response and outbreak control, • Causes and management of workplace behavioral disorders: • Emotional Intelligence • Emergency Resuscitation: Basic Life Support, • Asthma Management, • Lifestyle modification towards reducing diseases prevalence: non-communicable diseases, • Role of the State Logistics Management Coordination Unit (LMCU) and Logistics Management Information. • Quality Assurance / Quality Improvement in the State Healthcare System.
27thand 28th of March 2018	2 State CME sessions were conducted on the following topics: • Overview *of the Lagos State Health Scheme; the Content, Context and Implementation of quality healthcare.* • *Effective communication- A major key to healthcare worker's attitudinal change; Medico-legal issues in health.*
28th May 25th June, 23rd July, 24th August, and 30th October 2018	5 Unit CME sessions were conducted on the following topics: 1. *Silent Killer diseases: Hypertension and Diabetes.* 2. *The better and the bitter side of bitters* 3. *Team Building Approach/ teamwork in achieving Quality Service Delivery.* 4. *Task shifting and Task sharing in health sector.* 5. *Procurement procedures.* 6. *Client/Patient-Centered service delivery in healthcare system.* 7. *Reducing the scourge of Domestic violence.* 8. *Development and implementation of policies in the Healthcare sector: Everybody's role.* 9. *Oral Health Hygiene what everybody should know.* 10. *10. Trends of substance Abuse and Negative Effects on Health and Wealth.*
29th and 31st of July 2019	**State:** 2 CME sessions conducted on the following topics: 1. Emerging infectious diseases: The role of healthcare workers in prevention and control; Coping with stress 2. Improving Customer Service: Healthcare workers attitude and communication.
4th & 17th of September 2019 and 4th & 30th of October 2019	**Unit**: 8 CME sessions conducted on the following topics: 1. Silent Killer Disease: Current trend and management of Hypertension & Diabetes: 2. Lagos Biosecurity. 3. Improving Customer Service: Healthcare workers' attitude and communication. 4. Coping with stress: A tool to reduction of depression & suicide 5. Eye Healthcare: what everybody should know. 6. Climatic Change: Mitigation/Pollution Management and importance of Environmental Health. 7. Promoting Renal Health: what everybody should know. 8. Prevention and Control of viral hepatitis B and C.

7th and 16th of October 2020 & 11th of November, 2020	**State:** 3 CME sessions conducted on the theme: *Improving quality Healthcare service delivery during Public Health Crises with the following Subtopics*: **1.** *Overview of public emergencies.* **2.** *Maintaining infection, prevention & control measures within clinical and non-clinical environment.* **3.** *Public Health strategies for the management and control of Covid-19 and the need for strategic shift to Home Support Management.* **4.** *Institutionalizing innovative strategies towards research in a public health crisis.* **5.** Management of severe cases of Covid-19 **6.** *Avoiding a 2nd wave of covid-19: preventive Strategies.* **7.** *Keeping a motivated workforce during a public health crisis.*
11th of December, 2020	**Unit**: 3 CME session was conducted on the theme: Improving quality Healthcare service delivery during Public Health Crises with the following Subtopics: 1. Management of Diabetes and Hypertension: What everybody should know. 2. *Stress Management for Healthcare workers* 3. *Ethics & Attitudinal change in the public service: Major keys to quality service delivery* 4. *Emergency medical care: make the first five-minute count.* 5. *Sickle cell disease management and blood transfusion:* What everybody should know? 6. *CPR practical class.* 7. *Overview of domestic and sexual violence Management.* 8. *Lagos State Health Insurance: Where are we & future?* 9. *Cancer Screening and Management*
13th - 16th of July, 2021	State: 4 CME sessions was conducted on the theme: *Optimizing quality Healthcare services delivery during Public Health Crises with the following Subtopics*: **1.** *COVID-19: Overview and Mitigating against 3rd Wave.* **2.** *Coordinating a Multi-Disciplinary Response in a Pandemic* **3.** *Professionalism & Negligence: Healthcare workers Role in reducing Medico-Legal issues during Pandemic.* 4. *Work Ethics & Attitudinal changes for productivity improvement in healthcare industry* 5. *Quality Healthcare Service Delivery in Health sector: The Past, Present & Future.* 6. *Team Building and Teamwork in Health Sector.* 7. *Optimal Data Management & Research in Healthcare.* 8. *Management of Public Health Crises* 9. *COVID-19 and Eye Health* 10. *The science, Myths and Realities of Vaccine in the Prevention of COVID-19* 11. *COVID-19 and the Kidney* 12. *Optimal Mental Health balance during pandemics* 13. *Caring for the Carer* 14. *Emotional Intelligence & ITS RELEVANCE TO Health sector*

the 9th - 13th of August, 2021	Unit: 5 CME sessions was conducted on the theme: *Optimizing quality Healthcare services delivery during Public Health Crises with the following Subtopics*: 1. *COVID-19: Variants and Co-morbidities* 2. *Cancer Prevention & Management.* 3. *Public Procurement of medical goods & services in Lagos State* 4. *Importance of Quality Research in Policy Development and Implementation during pandemic/Health emergency* 5. *HIV/AIDS Undetected Equals Transmissible* 6. *Creativity and Innovation in the Health Sector* 7. *Time Management, Quality Planning and organizing strategy for healthcare workers.* 8. *Overview & New Trends in the Management of Non- Communicable Diseases* 9. *Career Development in Public service* 10. *First Aid: Emergency Management* 11. *Health Insurance: Ensuring Financial Protection.* 12. *Strategic Accounting &Auditing in Health Sector* 13. *Modern Traditional medicine practice in healthcare* 14. *Promoting Quality Service Delivery in the Health Sector* 15. *Occupational Therapy Intervention in the workplace*
DATE: 13TH 17TH FEBRUARY, 2023	**5 DAYS STATE CME** The theme of the Y2023 State CME programme was **'Improving Quality Healthcare Service Delivery'.** 1. **Optimising performance through effective human resource management** 2. Overview of non - communicable diseases 3. **Improving report writing** 4. Achieving customer satisfaction through effective communication & positive attitudes 5. Overview of public service rules: what healthcare workers should know 6. **Wellness in the healthcare workforce: caring for the carer** 7. Work ethics & professionalism in health sector 8. Information protection & management: what healthcare workers should know 9. Eye health care: diabetes and the eyes\ 10. Promoting quality service delivery amidst attrition 11. **Project management: skill for success** 12. **Understanding universal health coverage** 13. **Wellness in the health care workforce: emotional inteligence 2** 14. Achieving customer satisfaction through effective communication & positive attitudes 15. Overview of public service rules: what healthcare workers should know 2

Tuesday 25th – Thursday 27th July, 2023	**3 DAYS STATE CME** The theme of the Y2021 State CME programme was **'Improving Quality Healthcare Service Delivery'**. 1. Leading and Influencing Positive Changes in Health Sector 2. Optimizing Mental Health During Crises 3. Digital Health Revolution: Leaving No-One Behind 4. Building A Resilient Healthcare Workforce 5. The New NHIS Act: Implications for Medical Practices at All Levels 6. Increasing Litigation for Medical Malpractice: Lesson Learnt and Preventive Strategies 7. THEMES Plus Agenda: The Role of Healthcare Workers 8. Improving Access to Morphine and Other Schedule 1 Narcotics for Medical Purposes 9. PANEL DISCUSSION: Combatting Quackery in the Health System: The Role of Health Care Professionals